

<u>BEFORE</u> your treatment:

1. Do not wear makeup to your treatment.

2. Avoid any irritants to your skin. such as any products containing Retin-A, retinol, benzoyl peroxide, glycolic/salicylic acids, astringents or Vitamin C for one week before your treatment.

3. Do not wax or use a depilatory on treatment areas for 1 week prior to your treatment.

<u>AFTER</u> your treatment:

- 1. Avoid sun exposure and tanning beds to treated areas after treatment (although we recommend you shouldn't be using a tanning bed anyway Beauty Gal!). Daily sunscreen with an SPF of at least 30 is vital to maintain your improved skin.
- 2. Avoid any irritants to your skin, such as any products containing Retin-A, retinol, benzoyl peroxide, glycolic/salicylic acids, astringents or Vitamin C for one week after your treatment.
- 3. Do not wax, tweeze or use a depilatory to the treated areas for one week after your treatment.

NAME: _____ DATE: _____

SIGNATURE: _____

Please call us if you have any questions at 778-379-5444

Your referrals are greatly appreciated. We will send you a \$50 gift certificate towards your next treatment for each friend or relative that you refer to us.

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